

Pride from A(pples) to Z(ucchini)

Your guide to harvest times and availability
for the incredible diversity of New York State produce.

Today more than ever, New York consumers are demanding close-to-home freshness in everything they buy. And very few places even come close to New York State for the variety and quality of its farm-fresh produce.

As the Program dedicated to advancing New York agriculture, we take a lot of Pride in New York State fruits and vegetables – and the Pride of New York members who produce them.

	JAN	FEB	MAR	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
VEGETABLES												
Asparagus						—	—					
Beans, Dry	—	—	—	—	—	—	—	—	—	—	—	—
Beans, Lima									—	—	—	
Beans, Snap							—	—	—	—		
Beets	—	—	—			—	—	—	—	—	—	
Beet Greens					—	—	—	—	—			
Broccoli						—	—	—	—	—	—	
Brussel Sprouts									—	—	—	
Cabbage	—	—	—	—		—	—	—	—	—	—	—
Carrots	—	—	—	—			—	—	—	—	—	—
Cauliflower								—	—	—	—	
Celery								—	—	—	—	
Collard Greens							—	—	—	—	—	—
Corn								—	—	—	—	
Cucumbers								—	—	—	—	
Eggplant								—	—	—	—	
Garlic						—	—	—	—	—	—	—
Herbs	—	—	—	—	—	—	—	—	—	—	—	—
Kale									—	—	—	
Leeks								—	—	—	—	—
Lettuce					—	—	—	—	—	—	—	
Mustard Greens						—	—	—	—	—	—	—

Vegetables continued on other side

— Harvest period
— Availability period

The above periods are approximate. Harvest periods may begin a week to ten days earlier during a warmer-than-usual year. A cool spring will delay crop maturity. Call farms for exact dates of harvest.



Pride for all seasons.

1-800-554-4501 www.prideofny.com

	JAN	FEB	MAR	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
VEGETABLES continued from other side												
Onions												
Parsnips												
Peas												
Peppers												
Potatoes												
Pumpkins												
Radishes												
Rhubarb												
Spinach												
Squash, Summer												
Squash, Winter												
Swiss Chard												
Tomatoes												
Turnips												
Turnip Greens												
Zucchini												

	JAN	FEB	MAR	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
FRUITS												
Apples												
Blackberries												
Blueberries												
Cantalopes												
Cherries, Sweet												
Cherries, Tart												
Currants												
Grapes												
Peaches												
Pears												
Plums												
Prunes												
Raspberries												
Strawberries												
Watermelon												

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